

Concord-Carlisle High School Athletic Program Student Athlete/ Parent Information Sheet 2011-2012

This information sheet is being provided each season to all athletes and their parents to ensure that everyone receives the same basic information about participation in the athletic program and certain key rules that apply during the athletic season. Additional information will be found in the Interscholastic Athletics Handbook, which is given to all students the first day of school. You are encouraged to read it. Individual coaches will distribute more information relevant to their specific teams. Any questions about this sheet or the handbook should be directed to Mr. Barry Haley, Athletic Director. Any questions about an individual coach's information sheet should be directed to the coach. If there appears to be a conflict of information, please seek clarification from the Athletic Director.

1. The **user fee** for the CCHS Athletic Program is **\$200.00 per sport/per season**. The family maximum for the school year is \$600.00. A check payable to "CCRS" is due to the Coach or Athletic Director by the end of the first week of the season. *Fee waivers are available.* Requests should be made directly to the Athletic Director. No one is asked to complete a financial disclosure form. (For more information, see the Interscholastic Athletic Handbook.)
2. **All students must have an updated physical form on file** in the CCHS Health Office before they can start practice with their team. Physical exams are valid for participation for 13 months from the date of the exam.
3. **All athletes must ride the team bus to and from** away athletic contests. (For more information, see the Interscholastic Athletics Handbook.)
4. **Students must be present in school all day** (7:35 a.m. to 2:11 p.m.) and attend every class and study hall to be able to practice or play in a game on any given day in season. Exceptions include school field trips, and absences or dismissals approved ahead of time by the administration such as a college visit.
5. Practice and game schedules, particularly in the case of winter and spring sports, **include school vacation weeks** for Varsity and Junior Varsity teams. Students and families should take this into consideration when students decide to try out for teams that have vacation week game/practice schedules. Absence during vacation weeks due to family vacations is considered an excused absence. Students who are absent from practice or games for any reason, including taking a vacation, should not expect to resume their starting positions immediately upon returning. Coaches will determine when a student who has been absent is physically fit to play. Depending upon the length of absence, there is a possibility of the "substitute player" retaining the starting position. All personnel decisions (including playing time) will be made by the head coach in each sport.
6. Parents and student athletes are asked to review the **Chemical Health Section** of the Interscholastic Athletics Handbook. The MIAA Chemical Health rule states that during the season of practice or play, a student shall not, regardless of the quantity, use, consume, possess, buy/sell, or give away any beverage containing alcohol; any tobacco products; marijuana; steroids; or any controlled substance. School rules address the same situations.

Application of the MIAA Rule Athletes:

Upon a confirmed violation of a chemical health violation, the student will be suspended for the minimum penalty of 25% of the current or subsequent athletic seasons.. A second or subsequent violation will result in a 12 game or 12 week suspension, whichever is greater. There is a carryover to the athlete's next season if the minimum penalty is not completed within the season in which the chemical health violation occurs.

Chemical Health Rule as Related to Captains

For information about the implications of a chemical health violation for captains or students who hope to become team captains, please refer to the Interscholastic Athletics Handbook.

7. The MIAA (Massachusetts Interscholastic Athletic Association) TEAM BONA FIDE RULE

A bona fide member of a school athletic team is a student who is regularly present for, and actively participates in all team practices and competitions. Bona fide members of a school team are precluded from missing a high school practice or competition in order to practice or compete with an out of school team. Any student who violates this standard becomes ineligible for two weeks or two games, whichever is longer, and becomes ineligible for the MIAA tournament(s) in that sport for that season.

8. All students who participate in the CCHS Athletic Program are covered by a secondary **INSURANCE** policy designed to cover the cost of medical bills (in case of accident) that family plans do not cover. Contact the Athletic Director for further information.
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Concord-Carlisle High School Athletic Program
Student Athlete/Parent Acknowledgement of Receipt and Consent Form 2011-2012
Please complete this form and return it to the student's coach no later than the first day of practice.

I/we give permission to _____ Sport _____
(Name of Student)

to participate in the Interscholastic Athletic Program at Concord-Carlisle High School during the 2010-2011 school year. We also give our consent for him/her to accompany the team on its out of town trips. I/we realize that such activity and competition involves the potential for injury, which is inherent in all contact/non contact sports. If an injury occurs, every attempt will be made to contact the parents/guardian as soon as possible. I/we authorize the school personnel to have our child transported by ambulance to the nearest hospital, and that appropriate medical attention and treatment be given if I/we cannot be contacted in an emergency situation. **I/we consent to and acknowledge that these activities and competitions may provide opportunities for video taping and public distribution of video images while participating.**

I am a member of the _____ Team, and I have read the accompanying Student Athlete/Parent Information Sheet.

STATE LAW REGARDING SPORTS-RELATED HEAD INJURY & CONCUSSIONS

The Commonwealth of Massachusetts Executive Office of Health and Human Services now requires that all schools subject to the Massachusetts Interscholastic Athletic Association (MIAA) rules adhere to the following law. Student-athletes and their parents, coaches, athletic directors, school nurses, and physicians must learn about the consequences of head injuries and concussions through training programs and written materials. The law requires that athletes and their parents inform their coaches about prior head injuries at the beginning of the season. If a student athlete becomes unconscious during a game or practice, the law now mandates taking the student out of play or practice, and requires written certification from a licensed medical professional for "return to play."

<http://www.nfhslearn.com/electiveDetail.aspx?courseID=15000>

www.cdc.gov/Concussion

Pre Participation History:

Has student ever experienced a traumatic head injury(a blow to the head)? YES _____ NO _____

If yes, When? Dates(month/year): _____

If yes, Please describe the circumstances:

Was student diagnosed with a concussion? YES _____ NO _____

If yes, When? Dates(month/year): _____

Duration of Symptoms (such as headache, difficulty concentrating, fatigue) for the most recent concussion:

Please sign below that you have read the above. This is required in order to participate on any athletic team at Concord Carlisle High School.

Parent Signature*

Date

Student Signature

Date

*Please note that one parent signature is sufficient